



Banana Moments

Help for Parenting in the 21st Century



www.bananamoments.com

Handouts

ADD/ADHD: How Parents Partner with Teachers and Physicians

INSTRUCTIONS

1. Complete a Child Development Roster.
2. Prepare a Backgrounder on your child. This Backgrounder is provided to your child's teacher at the beginning of the academic year. Insights you share about your child will help the teacher establish rapport and get your child started on a positive note.
3. Establish a report time frame for your child's treatment plan with the professionals involved (monthly, weekly, quarterly)
4. Prepare the Progress Report based upon conversations with the professionals involved. Issue the report based upon the agreed upon timelines.
5. Use the Roster as a Distribution Cover Sheet for the Progress Report so that the professionals involved may have contact information to other disciplines working with your child.

OBJECTIVE:

Promote enhanced communication and collaboration among the various professionals in order to:

- Better define the problem that is your child's ADD/ADHD circumstance
- Establish a comprehensive treatment plan
- Ensure thorough and accurate evaluation of treatment plan – ensuring good communication between teachers and physicians.
- Promote the growth and development of your child's strengths and accommodation for areas that are out of his or her control

Professional Support Rosters (Confidential)

Child's Name: _____

Date: _____

School Attending: _____

Grade: _____

Parent's Names:

Mother: _____

Father: _____

Phone: _____

Phone: _____

Email: _____

Email: _____

Other Guardians:

Relationship	Name	Phone	Email

List of Professionals Supporting Growth and Development

Medical Contacts:

Profession	Name	Phone	Email
Pediatrician			
Psychiatrist			
Psychologist			
Allergist			
E & T			

Education Contacts:

Profession	Name	Phone	Email
Teacher			
Speech Pathologist			
Tutor			

Day Care/After School:

Profession	Name	Phone	Email
Babysitter			
Coach			
Scout Leader			

BACKGROUNDER

This is prepared mainly for the teacher – so he or she will have an easier time getting to know the best your child has to offer in the classroom.

Child's Name: _____

Date: _____

Title: A Mother's Window into <<Your Child's Name>> Heart

Introduction:

<<Introduce your child. Give the teacher an idea of your child's personality. How many brothers and sisters? Family structure (step parents, etc.) Describe her qualities that you admire most and why. Explain your child's condition –based upon the information you have and request the teacher's support>>

Stories:

<<Choose a couple of anecdotes that illustrate your child's life to date. What kinds of accomplishments, desires, funny anecdotes, etc. to help the teacher get a better appreciation for the child you know and adore>>

Strengths:

<<Summarize your child's strengths for the teacher>>

Weaknesses:

<<Summarize what you know to be your child's weaknesses. Give recommendations from what teachers in the past have done to work with your child. Offer any other suggestions that may help the teacher work with your child>>

Conclusion:

<<Offer your support and contact information if there are any questions. Encourage the teacher to call you if there are any concerns. And thank the teacher for his or her kind and professional attention to your child>>

This backgrounder can set a very positive tone to get the academic year started with your child and his or her teacher.

**CONFIDENTIAL PROGRESS REPORT
ADD/ADHD TREATMENT & EVALUATION**

This Confidential Progress Report format has been designed to allow the parent to document the diagnosis, treatment plan, results and evaluation for the growth and development of a child struggling with ADD/ADHD. This Progress Report can be distributed to the contacts on the Child Development Roster so that communication and collaboration regarding the circumstances of your child's ADD/ADHD condition.

Child: _____

Date: _____

Diagnosis Summary:

<<In this section, describe the diagnosis of your child and list any new tests and developments since the last report>>

Treatment Plan:

<<What treatments have been scheduled since the last report. List the medications, behavioral modifications, therapy, etc. Provide dates and reports of results from professionals working with your child. >>

Reports from Professionals on the Roster as of date of this report:

<<Summarize what the professionals working with your child have observed, listing feedback from each professional individually – including any recommendations for changes to the treatment plan>>

Teacher:

Physician:

Adjustments to Treatment Plan:

<<Based upon recommendations from professionals, summarize any changes in the treatment plan regarding medication, behavioral modifications, etc. >>

Feedback from your child:

<<Summarize how your child feels (s)he has been doing. How is (s)he responding to the treatment plan? And to the professionals involved?>>